

The Sabbath

The Sabbath is the first Holy Day given for our observance, denoted as a day of rest and sanctioned as a Holy Convocation. The Sabbath, celebrating creation, is the foundation upon which every succeeding Holy Day rests. Yah's Plan of Salvation starts by giving His creation rest and gathering believers in a worship of thanksgiving. How could one have a better start?

Leviticus 23:1~3 And the LORD spake unto Moses, saying, Speak unto the children of Israel, and say unto them, concerning the feasts of the LORD, which ye shall proclaim to be holy convocations, even these are my feasts. Six days shall work be done: but **the seventh day is the Sabbath of rest, an Holy Convocation**; ye shall do no work therein: it is the Sabbath of the LORD in all your dwellings.

Convocation: Strong's Concordance #04744 mik-raw' from 7121; something called out, a public meeting, the act, the persons, or the place; also a rehearsal: assembly, calling, reading.

The biblical Sabbath is a weekly day of rest, an outward sign of worship, for those that observe its call. Sabbath in the Bible (as the verb Shavath) is first mentioned in the Genesis creation narrative where the seventh day is set aside as a day of rest and is sanctified, made Holy, by Yah (God) in Genesis 2:1~3.

Genesis 1:1~31 In the beginning God created the heaven and the earth...And God said, Let there be light: and there was light...And God called the light Day, and the darkness he called Night. And the evening and the morning were the **first day**...And God said, Let there be a firmament in the midst of the waters, and let it divide the waters from the waters...And God called the firmament Heaven. And the evening and the morning were the **second day**...And God said, Let the waters under the heaven be gathered together unto one place, and let the dry land appear: and it was so...And the earth brought forth grass, and herb yielding seed after his kind, and the tree yielding fruit, whose seed was in itself, after his kind: and God saw that it was good. And the evening and the morning were the **third day**...And God said, Let there be lights in the firmament of the heaven to divide the day from the night; and let them be for signs, and for seasons, and for days, and years... And to rule over the day and over the night, and to divide the light from the darkness: and God saw that it was good. And the evening and the morning were the **fourth day**...And God said, Let the waters bring forth abundantly the moving creature that hath life, and fowl that may fly above the earth in the open firmament of heaven...And God blessed them, saying, Be fruitful, and multiply, and fill the waters in the seas, and let fowl multiply in the earth. And the evening and the morning were the **fifth day**...And God said, Let the earth bring forth the living creature after his kind, cattle, and creeping thing, and beast of the earth after his kind: and it was so...And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth...And God saw everything that he had made, and, behold, it was very good. And the evening and the morning were the **sixth day**.

Genesis 2:1~3 Thus the heavens and the earth were finished, and all the host of them. And on the **seventh day God ended his work** which he had made; and **he rested on the seventh day** from all his work which he had made. And God **blessed the seventh day, and sanctified it**: because that in it he had rested from all his work which God created and made.

The Anglicized term "Sabbath" is in Hebrew Shabbath (שַׁבָּת), Strong's Concordance #7676 as šabbāt, now usually Shabbat, meaning "day of rest."

The definition also has its origin in the scriptures' textual tradition of "Remember the Sabbath day, to keep it holy." Observation and remembrance of the Sabbath is one of the Ten Commandments, the fourth in the original word spoken by Yah to His people on Mt. Sinai.

Exodus 20:8~11 **Remember the Sabbath day, to keep it holy.** Six days shalt thou labour, and do all thy work: But the seventh day is the Sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: For in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD **blessed the Sabbath day, and hallowed it.**

The Biblical Sabbath as instructed by the Holy Scriptures is observed and esteemed having been instituted by Our Creator as an everlasting sign between Yah and mankind, a perpetual covenant for the people of Israel and also for proselytes, those grafted into the covenant.

*Thus “**The Sign**,” “the observance of the Sabbath Day,” the seventh day of the week, during which Yah (God) rested after having completed creation in six days, became the mark, the symbol, the representation, the icon, “**The Sign**” which Our Creator gave us to establish a covenant between His chosen people and Himself as our only God, Our Creator.*

Exodus 31:12~17 And the LORD spake unto Moses, saying, Speak thou also unto the children of Israel, saying, Verily my **Sabbaths** ye shall keep: **for it is a sign between me and you throughout your generations; that ye may know that I am the LORD that doth sanctify you. Ye shall keep the Sabbath therefore; for it is holy unto you:** every one that defileth it shall surely be put to death: for whosoever doeth any work therein, that soul shall be cut off from among his people. Six days may work be done; but in the seventh is the **Sabbath of rest, Holy to the LORD:** whosoever doeth any work in the Sabbath day, he shall surely be put to death. Wherefore the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generations, for a **perpetual covenant. It is a sign between me and the children of Israel for ever:** for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.

*Yah set aside the Sabbath from all other days. He blessed, sanctified, made Holy and commanded that mankind remember this day out of the seven to have a Holy Convocation, a holy gathering as a perpetual covenant. The observance of this day would be “**the sign**” between His called out people and Himself, as a covenant forever. Not just in the knowledge of the Day, but the observance of the day as the day the Lord did sanctify as a day of rest for mankind.*

“Knowing and not doing results in not knowing at all.”

Ezekiel 20:2~3 & 10~12 Then came the word of the LORD unto me, saying, Son of man, speak unto the elders of Israel, and say unto them, Thus saith the Lord GOD; Wherefore I caused them to go forth out of the land of Egypt, and brought them into the wilderness. And I gave them my statutes, and shewed them my judgments, which if a man do, he shall even live in them. Moreover also I gave them my **Sabbaths, to be a sign between me and them,** that they might know that I am the LORD that sanctify them.

*By keeping Yah’s **Sabbaths** and choosing the things that please Him by holding true to His Covenant, will bless us beyond measure. It is an honor and a privilege to serve worshipping Our Creator who provides for our benefit by setting aside a specific time period for a needed rest that allows us to praise our Creator who is so unappreciated by the overwhelming majority of mankind.*

Isaiah 56:1~8 Thus saith the LORD, Keep ye judgment, and do justice: for my salvation is near to come, and my righteousness to be revealed. Blessed is the man that doeth this, and the son of man that layeth hold on it; that keepeth the **Sabbath** from polluting it, and keepeth his hand from doing any evil. Neither let the son of the stranger, that hath joined himself to the LORD, speak, saying, The LORD hath utterly separated me from his people: neither let the eunuch say, Behold, I am a dry tree. For thus saith the LORD unto the eunuchs that keep my **Sabbaths**, and choose the things that please me, and take hold of my covenant; Even unto them will I give in mine house and within my walls a place and a name better than of sons and of

daughters: I will give them an everlasting name, that shall not be cut off. Also the sons of the stranger, that join themselves to the LORD, to serve him, and to love the name of the LORD, to be his servants, every one that keepeth the **Sabbath** from polluting it, and taketh hold of my covenant; Even them will I bring to my holy mountain, and make them joyful in my house of prayer: their burnt offerings and their sacrifices shall be accepted upon mine altar; for mine house shall be called an house of prayer for all people. The Lord GOD which gathereth the outcasts of Israel saith, Yet will I gather others to him, beside those that are gathered unto him.

Isaiah 58:13~14 If thou turn away thy foot from the **Sabbath**, from doing thy pleasure on my Holy Day; and call the **Sabbath** a delight, the holy of the LORD, honourable; and shalt honour him, not doing thine own ways, nor finding thine own pleasure, nor speaking thine own words: Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken it.

Each of Yah's Holy Days, also called Sabbaths, is celebrated throughout the year and collectively comprises Yah's Plan of Salvation. During each Sabbath, lasting a full day, 24 hours, we rest from our daily activity to reflect and worship Our Creator.

*Yah by giving the Weekly Sabbath has given us fifty-two breaths of life,
Through them we see and feel His presence
HalleluYah*

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